Regan Morgan became involved in the Introduction to Aged and Disability Care program at the Pooraka Farm Community Centre in late 2017 after seeing a Facebook post advertising the program.

Regan came to the program having experienced living with disability through her son and willingly talked about this with other students, helping them understand the complexity of disability. She was such a positive and friendly force within the program and as she became more comfortable, her full personality emerged. Regan’s honesty and openness allowed others in the program to feel comfortable sharing their experiences, knowing they were supported in a safe space. Regan was actively involved in all aspects of this program and two subsequent programs.

As Regan continued through the Communication Skills to Success program, trainers saw her blossom and become more confident, but given her role as a carer for multiple members of her family, she required additional support in planning and working through barriers to employment. Regan became involved in the Workforce Transitions Pathway project which helped her focus on her strengths, skill set and confidence. She told trainers that she didn’t want to leave the centre as she had gained many strong connections throughout the programs however, she also knew it was time to move on to bigger and better things.

Regan is now working at Stratco as a Sales Representative and loving it! Due to the skills gained at the Pooraka Farm Community Centre, she has been able to structure her life so that she can successfully work and manage the other parts of her life. Regan can be proud of how far she has come. Whilst transforming her life through training and employment, she has stayed true to herself and embraced her honesty and intelligence.